Lovejoy on Claude: the autopilot

About 45 minutes, once. Then each sale is photos in a folder, a chat with Lovejoy, your yes, and the runs do the rest.

What you need

- A Claude account on the Pro plan, billed monthly (about US$20 a month). Pro has everything the system needs: the desktop app, custom skills, scheduled tasks and Claude in Chrome. If a run ever reports it was cut off by usage limits, first change the schedule to every six hours; that fixes it for nearly everyone at no cost. The paid step up, Max, starts at about US$100 a month, five times Pro, and a house clearance should not need it. Plan details at support.claude.com.
- The Claude desktop app on your laptop, signed in.
- Google Chrome signed in to the Facebook you will sell from, with the Claude in Chrome extension installed and signed in to your Claude account. This is the part that reads your Marketplace inbox and types replies; without it Lovejoy can value and write but not post or negotiate. What it can and cannot see: you sign in to Facebook yourself, in Chrome, the normal way; the extension never asks for your password and never types one. It works one website at a time: the first time it reaches facebook.com a box titled "New permissions required" appears and you choose to allow that one action, always allow that site, or decline. It gets no access to any other site unless you approve that site the same way, and you can review or revoke every approved site under the extension's settings (click its icon, then the three dots, then Extension settings, Permissions). Whatever you approve, it is barred from making purchases, creating accounts, handling card or ID details, and deleting anything permanently. In three months of Tim's runs it only ever worked in a tab it opened itself.
- A folder on the laptop called Lovejoy. If it syncs from your phone (Google Drive, OneDrive, iCloud, Dropbox), set it to keep files offline, because the runs need real files, not cloud placeholders.
- A laptop that can stay on a desk, plugged in, awake, from 7am to 7pm. The runs drive your Chrome, so there is no cloud version of this. A run that fires while the laptop is asleep does nothing, and the next one picks up the backlog.

Setting it up

1. Create the Claude account and subscribe to Pro. Install the desktop app and sign in.

2. Install the Claude in Chrome extension: in Chrome, open the Chrome Web Store (chromewebstore.google.com), search "Claude in Chrome", choose the one published by Anthropic, click Add to Chrome. Then click its icon in the toolbar and sign in with the same Claude account. Make sure that Chrome is also signed in to your Facebook. The extension is the part that reads your inbox and types; it does nothing until a chat or a task asks it to.
3. In Claude on the web (claude.ai): open Settings, then Capabilities. First switch on "Code execution and file creation" if it is off; Skills will not appear until it is. Then find the Skills section, click "Upload skill", and choose lovejoy-trader.zip from the pack. Leave it zipped; the uploader wants the zip. If you cannot find it: menus move, so type "skills" into the search box at the top of Settings, or ask Claude itself "where do I upload a custom skill?" and it will walk you there.
4. Make the Lovejoy folder and copy lovejoy-ledger.md from the pack into it.
5. Open the desktop app, start a new chat, add the Lovejoy folder with the + button beside the message box, and type: "Lovejoy, read the ledger." The app will ask you to allow access to that folder; say yes. Lovejoy finds the empty profile and asks you a handful of things: your first name as buyers see it, your suburb, your floor percentage, your payment methods and whether buyers may view items before buying. It fills in the folder and the schedule itself. Answer once. It never asks again.
6. Photograph the first item on your phone (four to six photos, daylight, one of any label, one of any damage). Get them into a subfolder of Lovejoy named for the item. The simplest way on any phone: email the photos to yourself, open the email on the laptop, save the attachments into that subfolder. Smoother if you do it often: use the same cloud on both (Android: Google Photos, Share, Save to Drive, with the Lovejoy folder inside Google Drive for desktop; iPhone with a Mac: iCloud Photos, drag them from Photos into the folder; iPhone with Windows: the iCloud for Windows app, or email). Whichever you use, the folder must be set to keep files offline, so the runs find real photos and not cloud placeholders. Then say "Lovejoy, value this." Go through one full sale with you watching: value, draft, your yes, post. This is real; the listing goes live. That is the point: you see exactly what Lovejoy writes and posts before any buyer does.
7. Once the first listing is live, say "Lovejoy, schedule the negotiation runs." Claude will show you a box asking you to approve the new scheduled task before it exists; read it and approve it. The task runs every three hours, 7am to 7pm, on the Sonnet model. Then check three switches on the task, in the desktop app under Scheduled tasks (click the task to open its settings): "Require this computer" must be on, because the task drives your Chrome; the Lovejoy folder must be listed under its folders; and "Automatically approve" must be on, otherwise the task stops and waits for a click nobody is there to give. The model should show Sonnet. If any of the three is missing, switch it on there. If you would rather paste the task yourself, the text is in scheduled-

task-prompt.md. Fair warning: the block in that file is written for Claude, not for you, and it is full of technical words on purpose. You do not need to understand it, only to paste it whole.

What the first run does: at the next scheduled hour it opens your Marketplace inbox in Chrome, reads any buyer messages on that listing, and if someone has written, replies to them in your name under the rules. If nobody has written, it reports "no new messages" and stops. Watch the first two runs: read each report before you trust it. The report is in the desktop app: open Scheduled tasks, click the task, and each run is listed with what it did; the app also shows a notification when a run finishes, if notifications are on. Every message it sent is quoted in that report. If anything reads wrong, pause the task (How to stop it, below) and tell Lovejoy in chat what to change; it writes the correction into the ledger and the next run obeys it.

From then on, every new item is step 6, and new listings fold into the existing task.

How a sale runs

1. Value. Photos, "value this", three numbers back (worth, realistic, ask) and the questions the photos cannot answer. Answer in one go.
2. Draft. Title, description, price, platform, floor. You say yes or change it. Nothing posts until you do.
3. Post. Lovejoy opens Chrome, creates the listing, checks every field against what you approved, publishes, confirms it is live, writes it in the ledger.
4. Negotiate. Every three hours the task reads any new buyer messages to the end and replies in your name: holds the price, trades a small discount only for a locked pickup time, runs the scam screen on every message, never goes below floor, never sends the address. A short report after each run; no messages is one line.
5. Close. When a buyer agrees a price and a time, the run restates both, tells them you will send the address, and flags it for you. You send the address yourself. Cash on the day or a transfer that has landed. Tell Lovejoy it sold and it updates the ledger.

If you answer a buyer yourself between runs, the next run reads your reply and stays quiet. Your word is final, even below the floor.

Keeping the laptop awake

Windows: Settings, System, Power, set screen and sleep to Never when plugged in, and lid close to Do nothing if you want the lid shut. Mac: System Settings, Battery (called Energy on some Macs), Options, turn on "Prevent automatic sleeping on power adapter when the display is off"; then Lock Screen, set "Turn display off on power adapter when inactive" to

Never if you want the screen on. Menu names are as of November 2026; if yours differ, search System Settings for "sleep". Both: leave Chrome open and the desktop app running; minimised is fine. If a run reports it could not type, bring Chrome to the front once.

How to stop it

Three ways, gentlest first.

1. Pause the task. Desktop app, Scheduled tasks, open the task, switch it off. Nothing runs until you switch it back on. Your listings stay up; buyers just wait for you.
2. Close the laptop, or quit the Claude desktop app. The task cannot run without them. A run that fires while they are off does nothing and the next one picks up the backlog.
3. Delete the task. Same place. Lovejoy in chat still works; only the autopilot is gone.

Nothing Lovejoy does is hidden from you. Every message it sent is quoted in the report after each run, and the ledger in your folder holds the whole history. If something looks wrong, pause first, read the report, then decide.